
New blogs- Christie 'life coaching' info

Posted by KPW1956 - 2006/10/07 11:07

Check out her recent blog entries... She's looking for clients.

Wasn't sure whether to put this here on in Season 3... I'll leave it to the admin's to decide.

<http://profile.myspace.com/index.cfm?fuseaction=user.viewprofile&friendid=44879455>

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Re:New blogs- Christie 'life coaching' info

Posted by mazzy - 2006/10/07 13:40

Coach University... did I read that blog correctly? I have to check google...

I'm feeling uncomfortable with all this self promotion... I wouldn't be comfortable being coached by Christie. Hope she knows what she is doing, and I hope some innocent person won't get hurt. JMO

I just googled... seems there is a Coach University.

I'm personally not all that comfortable with Life Coaches unless supervised by a doctor. I thought the women of the SOH were in good hands because Dr. Stan seemed to work closely with the women and the coaches.

Post edited by: mazzy, at: 2006/10/07 13:54

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Re:New blogs- Christie 'life coaching' info

Posted by wish - 2006/10/07 21:52

I think Christie will be a great coach she learned alot from Rhonda and being in the house.

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Re:New blogs- Christie 'life coaching' info

Posted by LaurenB - 2006/10/07 22:25

Mazzy, I agree with you. Life Coaching is not new....agreat example is Tony Robbins. Life coaching is NOT at all what we saw on SO, this was Rhonda's "Dramatic Portrayal" of Coaching.

Coaching in the "Real World" is not about pathology, it is about "Achieving Specific Goals"....In the real world, when one is being coached, it is the "Clent" who is always in "Control".

The really "Good" Coaches, Coach in an area for which they have achieved "Expertise", such as business, life change, career, etc.

Christy has no such achievement, she is very young and extremely in experienced.

I think that Christy is a prime example of one who went on this reality TV show to promote a career in the public eye.

Just a post script...if indeed Christie had learned "So Much From Rhonda", why didn't Christy go after her Coaching certification from Rhonda's "Fearless Living Institute"?

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Re:New blogs- Christie 'life coaching' info

Posted by KPW1956 - 2006/10/07 23:11

LaurenB wrote:

Just a post script...if indeed Christie had learned "So Much From Rhonda", why didn't Christy go after her Coaching certification from Rhonda's "Fearless Living Institute"?

Maybe it was too expensive or the fact that Rhonda's business is based in Colorado.

There could have been any number of factors.. Maybe she is doing this online or via correspondence.. I just checked the website and classes are done 'teleclass'... Which I presume is via a dvd or online somehow. If it is online it could also be done in real time..

Maybe she plans to use her experience to help motivate/coach others... Nothing wrong with wanting to be a positive influence and maybe she does want to reach a particular segment of potential clients. She's had a number of hardships in her family and her own personal life... That would help her to be a compassionate coach.. But she could also be trying to capitalize on the SO experience/spin... and why she might not want to wait before soliciting for clients.

I do wish her the best.. whatever endeavors she chooses to pursue..

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Re:New blogs- Christie \"life coaching\" info

Posted by KPW1956 - 2006/10/07 23:15

Here is a link to Coach University and how teleclasses works..

It's a phone in system.. or conference calling...

Sounds like it would be confusing to me.. I am a visual person..

<http://www.coachinc.com/CoachU/Programs%20and%20Services/How%20TeleClasses%20Work/default.asp?s=1>

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Re:New blogs- Christie \"life coaching\" info

Posted by LaurenB - 2006/10/07 23:21

Right....well...Christie could get a job and earn the money for the proper training rather than going the cheap and quick way?????

Never the less...Christie needs to have successfull, personal life experience, more than a few weeks on reality TV in order to be a "Life Coach".

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Re:New blogs- Christie \"life coaching\" info

Posted by Tara - 2006/10/08 08:03

Coach U has been around for quite some time. I have several Colleagues who went through Coach U. Also Teleclass training is very common for Coaches. There are usually visual materials supplemented with the telephone classes. I have done a lot of my Coach training through teleclasses.

Christie is 31 I don't think that is too young to begin coaching. I'm 32 and have been a coach for over 5 years. Some of us do have major experiences in our teens and twenties and begin to develop an expertise.

I have hired coaches myself who were younger than me and ones who were older than me. They had different coaching styles but age didn't seem to matter much to me. I probably wouldn't hire anybody under 25 but if somebody came along that I thought would make a good as a Coach for me I might hire that person.

As for self promotion...Well Marketing is huge in the Coaching industry. In the coaching world it's not the best coaches who make the most money and get the most clients it's the ones who learn to market themselves.

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Re:New blogs- Christie 'life coaching' info

Posted by Tara - 2006/10/08 08:44

Coach U is approved by the ICF and it takes a lot for a Coach Training program to get approved by ICF. So...Christie is going through "proper" training. The fact that she chose Coach U over Rhonda's school shows me that she has done some homework. Rhonda's program is not approved by the ICF.

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Re:New blogs- Christie 'life coaching' info

Posted by Mercredi - 2006/10/08 13:31

:laugh: :laugh: :laugh: Christie? Life Coach? PUHLEEZ!

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Re:New blogs- Christie 'life coaching' info

Posted by anaya17392 - 2006/10/08 17:00

i have to agree with lauren b and mercredi, i wouldn't pay my hard earned money to be coached by someone with no real accomplishments in life other than being on a reality tv show. i would want to get advice from someone successful, either at education, business, personal happiness or something!!

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Re:New blogs- Christie 'life coaching' info

Posted by anaya17392 - 2006/10/08 17:00

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Re:New blogs- Christie 'life coaching' info

Posted by KPW1956 - 2006/10/08 18:31

I think overcoming self image problems and substance abuse victories! I also think having grown up with the family problems she had adds to her experiences. Her father I think was an alcoholic and killed in a car accident and her mother fell into drug addiction. Christy has taken on the responsibility of raising her brother because she supposedly felt it was the right thing to do by him. She knew all too well, the repercussions of the how she was raised. I just think growing up in a dysfunctional household, sure helps one to have an appreciation and compassion to understand others who might also have been raised in them..

Sometimes the school of hard knocks is the greatest teacher and an asset when relating to others with similar problems. Isn't that pretty much how Rhonda got started?

I probably would want someone with more time under their belt having overcome her most recent issues... Christie only entered the SO house last fall... and graduated in Jan. But who am I to say that she isn't qualified or ready....

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Re:New blogs- Christie 'life coaching' info

Posted by anaya17392 - 2006/10/08 20:50

i personally don't think rhonda is very good either.

Re:New blogs- Christie 'life coaching' info

Posted by Debby - 2006/10/09 11:32

I do wish Christie well with her career. Who is to say when you start? I remember when I checked the credentials of Rhonda and Iyanla. I was already a big fan of SO. I knew they were GREAT life coaches, but, I was surprised that they did not have more academic background in Psychology. I don't recall exactly what they had, but, it was not as extensive as I had expected. Iyanla's background looked as if it was mostly hands on experience.

Now Dr. Stan is totally different. He is well renowned in his field, with loads of academic and practical experience.

I think that Rhonda and Iyanla, are certainly equipped, but I really think SOME people just have a gift for that kind of thing and that it develops in them naturally. Christie may have that gift.

I have heard the saying so many times, "Find something you love to do and you'll never work another day in your life."

Re:New blogs- Christie 'life coaching' info

Posted by KPW1956 - 2006/10/09 13:31

Debby,

I think you'd appreciate Iyanla's and original profession!

Would you believe after her difficult life she wound up putting herself through law school and was an attorney for a couple years..

Here is an older bio I located. I think if you look back through the coaches forum there is an even better article link about how she came to be where she is right now.. I'll see if I can find it and bump it up..

But this one will give you the gist of it.. Actually it isn't a bad article! It may only be a couple years old...

<http://www.nytx.com/TVShows/NewYork/IyanlaVanzant/Biography/biography.html>

Re:New blogs- Christie 'life coaching' info

Posted by Debby - 2006/10/09 14:36

Wow, KPW, I think I knew that she had gone to law school but I didn't know she had practiced in the public defender's office in Philly! Now, that's hard work!

I can understand why she moved on to do something more inspirational. I think she would have been a great litigator in the personal injury and family law fields. She could really convince a judge or jury to see it her way. I bet she had some serious control over her clients too.

Well, I do have almost the equivalent to a degree in Social Work from my undergraduate studies. Maybe I should consider something in her field.....Naaaay. I like law just fine.

Re:New blogs- Christie 'life coaching' info

Posted by LaurenB - 2006/10/31 01:48

Debby wrote:

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I have heard the saying so many times, "Find something you love to do and you'll never work another day in your life."

Just curious, Debby.....after checking Rhonda's "credentials" why did you surmise that she was a "Great Life Coach"?

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Re:New blogs- Christie 'life coaching' info

Posted by Debby - 2006/10/31 13:13

I based my opinion of Rhonda as a great life coach on the manner in which she dealt with her clients. This included her eagerness to be there for the client, her positive feedback and blunt honesty. I saw her work with her clients as successful, for the most part. I don't think anyone has a perfect track record. I think she demonstrated an enormous amount of patience in some cases as well.

I also thought Rhonda had a positive outlook on life in general which I found amazing, in light of her family history. I didn't learn about the manner of her parent's death until I came to SOT.

I was very shocked. I believe to have come through that kind of trauma, and establish yourself in this world with such a healthy spirit, it quite a testament to her tenacity. Her recovery from alcohol is also quite a feat. I think she has much to offer clients, especially those with similiar backgrounds.

Lauren, I think I remember you not particularly admiring Rhonda as a life coach, please correct me if I am wrong. I think sometimes personalities must mesh for there to be a good fit in a life coach and client. Maybe Rhonda wouldn't be a good match for you. I think I would work well with Rhonda or Iyanla. They have different styles, but, I like both.

What qualities do you feel are the most important in a life coach?

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Re:New blogs- Christie 'life coaching' info

Posted by Tara - 2006/10/31 13:19

Please keep this thread on topic. If you would like to continue talking about Rhonda please begin a separate thread.

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Re:New blogs- Christie 'life coaching' info

Posted by turtle - 2006/11/01 16:40

LaurenB wrote:

Right....well...Christie could get a job and earn the money for the proper training rather than going the cheap and quick way?????

Never the less...Christie needs to have successfull, personal life experience, more than a few weeks on reality TV in order to be a "Life Coach".

I agree! A few weeks on SOH doesn't make anyone an instant LC. Especially when, IMO, Christie walked out of the SOH no less screwed up than the day she walked in.

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Re:New blogs- Christie 'life coaching' info

Posted by turtle - 2006/11/01 16:40

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Re:New blogs- Christie \'life coaching\' info

Posted by Ciera - 2006/11/01 16:51

Let's just face it...Christie is a mess and always has been. She learned a few catch phrases...LOL...never did learn how to spell. She has this surgery...thinking her life will be perfect afterwards...and guess what .. it isn't. And it's not gonna be either...I agree Lb .. Christie needs to get a job. A real job. Problem is...she is too lazy. And IMHO, that is the reason she took her brother in...to cover the rent. I honestly do believe this is true. I'm not a hater. But I am sick of the crap Starting Over tried to sell us, especially this last season. I was a huge fan of the show, but somehow it ended up disappointing...BIG TIME. If I want a life coach, I'll call one....I own a phonebook..but I assure you...I won't be calling Christie, nor Rhonda for that matter. Rhonda preaches positive body image baloney, and writes books on the subjects and gives seminars...yet, she is rock climbing with her boyfriend and what does she think...she thinks about the people on the ground and the fact that she thinks they are checking her butt out and she's so concerned about it...she even writes a blog and uses the word 'butt' numerous times to express her own paranoia to us. People don't waste your money on clowns like this...you want help, seek professionals...not wanna be 'stars'.

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