
Mike week of 5/25/08

Posted by mamanintpa - 2008/05/26 19:48

My goal this week is to walk 2 to 3 miles five night in the next week

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Re:Mike week of 5/25/08

Posted by andrea_is - 2008/05/29 01:18

Wow Mike that is a lot of walking! How has it been going for you?

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Re:Mike week of 5/25/08

Posted by mamanintpa - 2008/06/07 17:39

Hey there...been doing it...however it getting HOT down here in Jax so I think I am going to have to join a gym...thanks for asking...how are you doing with your goals

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