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## Holiday Stresses

Posted by Tara - 2007/12/14 13:19

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How is everybody dealing with the stress of the the holidays? For those of you aren't stressed out what's your secret??

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## Re:Holiday Stresses

Posted by wish - 2007/12/18 02:18

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My way of dealing is taking a time out.

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## Re:Holiday Stresses

Posted by Debby - 2008/01/02 22:20

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I'm only responding to some of these threads now, because I was so busy with my practice the entire month of December, I didn't have much time to spend on-line.

I was slammed over the holidays, but it was mainly work. Everybody wanted their legal work done BEFORE the end of the year. It was crazy around here.

Lucky for me, for the first time ever, I did most of my shopping in November!! I had very few things to get just before Christmas. It was the smoothest time yet.

I used to spend many days and nights running from mall to mall frantically looking for the perfect gift for all my family and friends. I drove myself crazy.

This year I downsized the gift list. It worked out great. I didn't fret about my home or office Christmas decorating like I normally do either. I just did what I could and enjoyed it. It was a great Christmas and really no stress, except for the business part.

I plan to do the same next year. Even though I shopped very early, I found great sales and saved a lot of money.

I hope you all had a geat holiday too.

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## Re:Holiday Stresses

Posted by Rebecca106 - 2008/02/07 15:33

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Usually, I have stress before holidays while preparing to it. And when holidays I just relax because everything is prepared.

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