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## Star Jones

Posted by KPW1956 - 2007/07/17 07:21

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Sounds like she is trying to get back out into the limelight.

[http://news.yahoo.com/s/ap/20070716/ap\\_en\\_ce/people\\_star\\_jones\\_reynolds\\_5](http://news.yahoo.com/s/ap/20070716/ap_en_ce/people_star_jones_reynolds_5)

I think it's funny that she is now 'coming clean'.... It's to her advantage to draw attention to herself now that she is getting ready to start a new show. I think it is part of a PR campaign.. and drumming up interest in her new show.

I think she is still self serving..

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## Re:Star Jones

Posted by Debby - 2007/07/17 13:46

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I hope she does well on the show. I'd like to see Rosie as a guest. That episode would bring high ratings.

I've always thought her hiding the weight loss surgery was silly. Of course, she has the right to disclose or not disclose any personal details about her medical condition, but any body with a brain knew she had it. And it's no disgrace. It's a life saving medical procedure. I just don't get what she thought she was gaining by avoiding the topic. I still side with her about how she was treated unfairly when she left The View, however, the silly avoidance of the surgery issue has always annoyed me.

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## Re:Star Jones

Posted by KPW1956 - 2007/07/17 14:44

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I wonder if it will be a big surprise and not traditional gastric bypass but maybe Lap band instead?

I think the stigma of having the procedure is not an issue anymore.  
Which could be why Star may have chosen not to be public about it..

I've been watching that TLC program on Monday nights called Big Medicine.. and seeing some of the dramatic transformations of people. Following that show is one about a clinic in New York for the morbidly obese.. Pairing these 2 shows up sure has to have an impact on people... Hopefully shock some people into altering lifestyle habits before it's too late.. (I'm trying!) The doctors do emphasize that it is still alot of work and personal responsibility to have a good outcome from the gastric bypass... So Star is due some credit irregardless of how she lost it.

I've learned a bit more about the lap band surgery from watching it.. that's why I wonder if that may be how Star may have lost hers. You do lose a little less drastically. Not sure how quickly she lost it.. But definitely had some sort of 'procedure'..

We shall see...

Maybe Star is trying to rebuild her image and be a bit more transparent..

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## Re:Star Jones

Posted by Debby - 2007/07/17 17:11

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She could use some good people around her to give her good advice and some people that she will listen to.

I saw a special on weight loss surgeries last week. There are about 14 different variations of the surgery. I had no idea.

It was a documentary on Gill Gerad (sp?) He played on a soap once, I think The Doctors and then on some primetime show. I can't recall the name. He was very fit and handsome....somewhat of a heartthrobe. Then he gained a lot of weight and couldn't lose it. He was suffering from so many health problems. He didn't think he would live more than another 5 years.

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He went to see a specialist in Las Vegas and had one of the varieties of surgery. It was amazing. They followed him months later to see his progress. He is now very normal and lost almost all the weight he wanted. Most all of the health problems have disappeared! They showed all the pre-op, surgery and aftercare. I was impressed. He is so happy he did it.

Did anyone catch this show. It was on Discovery I think.

I been watching Big Medicine when I can, but it comes on when Big Love comes on HBO. Big Love is my favorite show right now. I try to catch Big Medicine on reruns. I have a question. Why can't they get the patients to sign a contract that they will not order take out food into the facility. That way no take-out would be allowed and the patient would not be tempted to sabotage themselves. Take-out seems to be the problem that messes up their progress.

I have another question. When the staff finds Twinkies and candy bars stashed under their nightstand, why not throw them away. What could the patient do but complain. If it's against the rules, it's against the rules.

When I was in the hospital for ketoacidosis, I had to call in advance to the kitchen and order from the menu of what I wanted. They would not allow me to order more than one starch in my meal because I am diabetic. You must take extra insulin for extra carbs. I only weighed about 130 pounds at the time so it wasn't a calorie thing. It was a medical thing and nobody catered to me about it. That's just the rules. Why can't the staff in those obesity hospital do that too? I'm not trying to be mean, but when someone life is at stake, drastic measures are necessary.

The Las Vegas doctor seemed very learned in his field. He said that morbidly obese people, are not likely to gain long term success with a balanced diet and exercise program. He says research shows there is a chemical in their brain that makes them want to eat more than the average person. He says most people can only fight that impulse for so long before they give in. It's not about will power. He seemed credible to me and what he said made sense.

Sorry I got off the topic. Maybe I'll start a new thread.

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## Re:Star Jones

Posted by KPW1956 - 2007/07/17 19:24

I think you are thinking of Brookhaven... re: the patients ordering takeout food. What a joke! Maybe they should just hire a security guard. I think those who want to cheat will figure out a way. I know there are a couple they've highlighted who still are able to be get around and are able to leave the hospital during the day..

Big Medicine is the one with the Father/Son team whose practice seems to be primarily of the gastric bypass variety.

I only saw them finally do a lapband procedure last week and this week a 17 year old boy got it.. They also enlist a psychiatrist as part of their team. I knew the lap band procedure was reversible and less complicated. It requires some sort of maintenance though and showed the 2 patients I've seen thus far have to have some sort of injection through the wall of their midsection. I guess maybe the ring is full of fluid and has to be refilled... It didn't take long but it's the one aspect of the lap band procedure I don't understand fully.

I have a feeling that this will be the wave of the future or the preferred method of treatment. The common Joe can probably get it affordably too. Even if insurance won't cover it..

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## Re:Star Jones

Posted by KPW1956 - 2007/07/17 19:42

Yeah Debbie, a new thread might be good... I just reread your last post more carefully and you are right about the brain and it's chemistry and addiction issues.

I heard a reference to Dopamine being an issue with regard to the impulse for those dealing with food addictions. I think the same could apply to other addictions.. Something about dopamine and the nervous system.

I looked up dopamine and want to research it more.. I tend to be a food oriented person myself.. and make some poor choices.. I tend to think of myself as a compulsive eater. I also have a brother who is an alcoholic...

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I've wondered about the dopamine, I think some addicts are treated with drugs that help increase dopamine levels. I saw ritalin mentioned.. which is often used for ADHD symptoms.. Perhaps OCD issues and addiction issues and ADHD issues have some similarities..

I want to research it more and see if there are some natural therapies out there.. Specifically wonder if melatonin would be helpful..

I just looked it up on Wikipedia...and am amazed at the number of things melatonin can help.. One in particular is a thyroid function in perimenapausal women.. I'm currently being treated for a sluggish thyroid.

I think melatonin is available etc.. It is especially helpful I think with sleep problems..

Here's the link for melatonin on Wikipedia.. I'm sure there are better sources for information of melatonin... I'll plan to look into it more this week.

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## Re:Star Jones

Posted by wish - 2007/07/17 23:52

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I figured she had the surgery, its a publicity stunt telling the truth after all this time.

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## Re:Star Jones

Posted by KPW1956 - 2007/07/31 13:16

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Yahoo has highlights of the interview.

I think she is coming out with a talk show this fall. (Perhaps with Courttv) This could be part of her publicity campaign to put a new face on the old Star.. She probably needed to come clean if she was going to be taken seriously at the new job.

She sounds like a different person.. maybe the counseling or coaching has helped her gain perspective.

[http://omg.yahoo.com/jones-reynolds:-i-had-gastric-bypass-surgery/news/1359;\\_ylt=Al\\_b4DzdYfLpbcdg5yJdFEEPpxx](http://omg.yahoo.com/jones-reynolds:-i-had-gastric-bypass-surgery/news/1359;_ylt=Al_b4DzdYfLpbcdg5yJdFEEPpxx).

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## Re:Star Jones

Posted by Debby - 2007/07/31 16:56

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I liked the article KPW, thanks.

It's hard to see why she would be ashamed of having the surgery. I don't get it, but it seems she's over that now. I think those who know what the procedure involves and the lifestyle changes that are required, know it is not a quick fix or easy way out. It's anything but that.

It is my understanding that you must pass the approval of a medical doctor to get the surgery, so she need not be afraid that people will opt for it just because she had it. It must be medically recommended.

I wonder if she misses food.

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## Re:Star Jones

Posted by mazzy - 2007/08/02 13:11

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I could understand her not wanting to share the information until she was good and ready. I believe it is hard enough to

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make lifestyle changes... and to be in a position to have to defend them does not make sense to me... until one is good and ready. Good for her... she looks nice and healthy.

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## Re:Star Jones

Posted by Debby - 2007/08/02 13:30

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It seems that since they can't make fun of Star's size, they have moved on to her husband. Man, every where I look, there is talk about her husband being gay. Is it true? WHY would she marry a gay man if she knew it. She is not a dumb woman, so I don't understand how that could happened, if indeed he is gay.

I saw a photo of Star on the beach sitting in a lounge chair with her dog. Her husband was sitting behind her pretty far away and facing the opposite direction. You would'nt even know they were together. Kinda odd.

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## Re:Star Jones

Posted by KPW1956 - 2007/08/02 17:26

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There were scads of rumors swirling before she ever married him..

Who knows.. I heard one blowup was about him being out all the time..

I heard there was trouble in the marriage early on.. but you can't believe the tabloids and snippets floating out in cyber space.

It's their business I guess. But it does look odd that you can't even sit together on the beach... Maybe one was catching rays and the other people watching.. I know I've shifted my chair at the beach to get out of a partial shadow or to face away from the sun.. But at least I'm usually sitting with my husband in some capacity. Camera angles can be deceptive.. He could have been just a couple feet from her..

The one thing in the article that I was surprised at and don't know if it was really true.. She listed her highest weight at being about 310... I would have guessed she was much larger than that..

Some people don't look as heavy as they really are and others I guess can be lighter than they look.. But I would be surprised if she's just not fessing up with how high the scale really got.

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## Re:Star Jones

Posted by Debby - 2007/08/03 09:55

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If Star was so private about her weight issues, I can only imagine how much more private she would be about any marital problems. Of course, if there is ever a breakup, the tabloids will swear they know the reason why, even if it's not the case.

I'm not sure how much she weighed. Why do you think she would say she weighed 310 if she weighed more, especially since she took it off? Maybe she is just embarrassed. I'm not good at guessing weights. I always thought Oprah looked heavier than what she claimed too. And Kirstie Ally. There were some comments that her numbers don't add up either.

Then there is Maureen McCormick. When she was on Celebrity Fit C Club, I thought she looked heavier than what the scales said, every time she weighed, even at her lightest.

How much does Star say he weighs now?

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## Re:Star Jones

Posted by mazzy - 2007/08/03 19:09

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LOL... I don't lie about too many things, however, when it comes to weight and age... I've been known to maybe not be all that honest... LOL.

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**Re:Star Jones**

Posted by Debby - 2007/08/06 16:46

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OH yeah, me two! When I was thin, fudging on a few pounds wasn't too bad. I could get away with it, but, now...well, I just don't reveal it anymore. LOL.

Maureen couldn't have been lying about her weight because she was weighed on a scale on camera. I just always thought she looked heavier than the number. It could have been the camera. They say it adds 10 pounds.

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**Re:Star Jones**

Posted by posh - 2007/08/09 00:19

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Hi,

I just wanted to thank you for your info on the thyroid and melatonin i will look that up right now. I have sleep issue's and i think im perimenaps. thank you have a great day. posh

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**Re:Star Jones**

Posted by Debby - 2007/08/09 11:38

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Good luck Posh. If your doctor will order a full makeup on your blood test, that could reveal a lot.

I started having sleeping problems awhile ago. I even went to a sleep study where you sleep in this clinic. Each room looks like a hotel room. You're hooked up to wires all over your body and head and are video taped while you sleep all night. Your brain waves are measured to see if and when you wake up. It was unreal. They couldn't determine what my problem was. The doctor said I could take pills, but that was a short term remedy, so I didn't go that route. They tested my blood and I was not in menopause.

What I did discover is that outside noises bothered me. When I would spend the night somewhere that was far from traffic, trains, dogs barking, etc. I slept MUCH better. For some reason sound bothers me, even birds chirping outside my window will awake me.

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**Re:Star Jones**

Posted by mazzy - 2007/08/10 00:41

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I've been sleeping with ear plugs for years... I'm also very sensitive to sound.

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**Re:Star Jones**

Posted by jens4tune - 2007/08/10 06:00

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mazzy...the sound sensitivity can be a symptom of hypoglycemia..i have it too. It could also be sensory integration dysfunction. I guess it could be a few things, but first try cutting back on sugars, bad carbs, and see if that doesn't help. I was surprised to learn it was a symptom of blood sugar bouncing around....good luck.:)

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## Re:Star Jones

Posted by Debby - 2007/08/10 09:04

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jens4tune wrote:

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Well I learned something new today. I never knew that sensitivity to sound could be associated with blood sugar levels. My sleep problems starting around the time I was diagnosed with Type I Diabetes. I sometimes have large swings in my blood sugar level. Overnight is the worst time. I have awoken with it at 25 and sometimes over 400. I'm doing better now though. Normal is 70-100.

Thanks for that info.

Post edited by: Debby, at: 2007/08/10 09:04

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## Re:Star Jones

Posted by mazzy - 2007/08/10 20:36

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Debby wrote:

jens4tune wrote:

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Thanks for that info.<br><br>Post edited by: Debby, at: 2007/08/10 09:04

Jens4tune... LOL... it's my husband... he snores very loud... and as he gets older... he is getting louder... LOL.

I have been on a low carb diet most of my life... I eat very healthy nutritious foods... no artificial sweeteners... but always seemed sensitive to sound.

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## Re:Star Jones

Posted by KPW1956 - 2007/08/15 12:10

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I got the end of the View today and a commercial closing out the show was about an interview with Star Jones on GMA tomorrow morning. I think this is her first morning show interview in quite some time.. I think she made a showing last year right after the bruhaha went down at The View..

Anyway, I think the new barrage of info around Star and her 'revelation' is more of a media campaign to promote her new project at Court TV...

I might tune in...more out of curiosity than anything else..

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## Re:Star Jones

Posted by Debby - 2007/08/15 18:46

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I'll check it out. I don't have a problem with Star, but, the court Tv community is apparently very opposed to her new show. It seems they don't believe it is in keeping with the Court TV format they are used to. They definitely don't like her. I think she is facing an uphill battle there.

I just heard why she and Rosie got into a huff way back when. This was before Star left and before Rosie was picked to come aboard. Apparently, Rosie made a comment that rich people should support Martha Stewart in her time of need, (at the time she was facing criminal charges), the way black people stood behind OJ Simpson. Well, Star took offense for whatever reason and said she would never sit on a stage with Rosie after that. I guess that's why Star knew she was on her way out when the Rosie selection was made.

I have also heard that Star was a huge OJ supporter, ever cheered and cried when he was acquitted, however, when she got to The View, she played it down.

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## Re:Star Jones

Posted by KPW1956 - 2007/08/15 19:53

I find it laughable that Court TV would think her show (and I don't even know what it will entail yet!).. wouldn't fit in their lineup..

They seem to be changing all sort of things there.. Even beginning to start their own entertainment shows.. They had a show that debuted last winter or spring.. that seemed to mock and make fun of spousal murder.. titled "Till Death do us part"...

I found a link about the show .... From what I saw of the show, it was in very poor taste.. There was a deliberate attempt to take true stories and exaggerate them for entertainment value..

The host John Waters, was dubbed "The groom reaper"!

I was on another forum..and people were talking about how funny it was.. I just thought the whole concept was disgusting for a court tv show (or any show for that matter!).. and disrespectful to the families of the victims whose stories they were mocking.

[http://en.wikipedia.org/wiki/Til%27\\_Death\\_Do\\_Us\\_Part](http://en.wikipedia.org/wiki/Til%27_Death_Do_Us_Part)

The embarkment of that show.. and the overkill of coverage when the Anna Nicole saga was going on.. showed me where Court TV was going. I thought at one time it was supposed to me more educational than entertainment..

Post edited by: KPW1956, at: 2007/08/15 19:54

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## Re:Star Jones

Posted by KPW1956 - 2007/08/15 20:02

While trying to find a link for that show I mentioned I saw a list of shows that Courttv had/has.. Star's show was listed and according to the info at wikipedia for that her show is debuting on the 20th.. of this month. Which is this next Monday. I suppose she'll probably be having even more media appearances and interviews to drive up interest in her new show..

[http://en.wikipedia.org/wiki/The\\_Star\\_Jones\\_Show](http://en.wikipedia.org/wiki/The_Star_Jones_Show)

here is a yahoo link about the show that mentions Courttv being in the midst of it's own changes and even changing it's name come 2008.. It will be called TruTv..

Her show sounds like it could be interesting.. I don't know what beef the others had.. Maybe it's a carryover for when she was a correspondent way back when for Courttv..

[http://news.yahoo.com/s/ap/20070815/ap\\_en\\_ot/ap\\_on\\_tv\\_star\\_jones;\\_ylt=Ah6SeueAxdXqypFXpDwdtbVY24cA](http://news.yahoo.com/s/ap/20070815/ap_en_ot/ap_on_tv_star_jones;_ylt=Ah6SeueAxdXqypFXpDwdtbVY24cA)

Post edited by: KPW1956, at: 2007/08/15 20:19

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## Re:Star Jones

Posted by Debby - 2007/08/16 13:44

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The overwhelming majority of posters say that they want the old court tv back. They want actual trials broadcast. All of the added fluff they don't like and they don't want another talk show, expecially Star.

Many of them are very upset about it and are ready to give up on viewing anything on that station. I wonder why Court TV's people didn't at least look at all of the dissatisfaction on their own message board.

I do question their judgment on this. Sometimes the people who are supposed to be in charge of programing baffle me. Reminds of of the SO fiasco.

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