
New blog entry

Posted by KPW1956 - 2006/07/07 22:49

Happened to check her blog at her myspace acct. Has 2 new blog entries... and the latest one I think concerns an article she wrote for the July/August issue of Obesity Help Magazine. Not sure if you can get this at the bookstore or not... There is a website but I think the site hasn't been updated with the July/August issue yet. What she shows in the blog entry might be the text of the article. It chronicles even more clearly her past and her path to where she is now.. I thought it an interesting read... Even if it isn't what got publishd in the 'OH' magazine.

Here's a link...

<http://blog.myspace.com/index.cfm?fuseaction=blog.view&friendID=44879455&blogID=141768769&MyToken=2d9eed13-313e-4f43-9cbd-6ba98a2ee5da>

(Wow..is that long, or what? If it doesn't work you can probably get to her myspace blog through another recent post..)

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Re:New blog entry

Posted by ceilidh - 2006/07/08 00:30

KPW1956 wrote:

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(Wow..is that long, or what? If it doesn't work you can probably get to her myspace blog through another recent post..)

Read the blog...the thing that stood out the most is that thoughtless remarks to your children can be so damaging. To tell a girl that being thin and beautiful is something to strive for, is so shallow, IMO. To judge a person's worth on their physical appearance, especially your own child, is in my opinon, abusive.

Bad enough in the schoolyard, but, at home?

The article sounded good, but honestly...I think Christie is still overly concerned with appearance...or at least she was while in the SOH. IMO.

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Re:New blog entry

Posted by scw23 - 2006/07/08 14:21

wow, i totally missed that she had an older sister as well as her younger brother. or maybe i knew and just didn't remember. :side:

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Re:New blog entry

Posted by Debby - 2006/07/10 12:34

I think that the world in general has a negative and misguided opinion of gastric bypass surgery. It's hard to describe the negativity, but it seems as if many think the surgery is a short cut or lazy way out. This tells me that they are misinformed. The surgery is a drastic medical intervention for someone who is facing a certain death from complications

of obesity. (No, I haven't had it, but, I think I would consider it, if I were obese) I think it's sad for these people to be forced to defend themselves as if they committed some crime. There is a misconception that it is a easy way out of obesity. I don't believe people would react the same way if there were a surgery that would cure alcoholism.

I think Rhonda had a negative attitude about the surgery as well. IMO she demonstrated that with Sommer and Christie. I think she also minimized the need for plastic surgery to remove flabby skin after major weight loss. I realize she was trying to get them to examine their insides as opposed to outside, but, from the way she acted, I wondered, what kind of things did she think plastic surgery was appropriate for? Should it be reserved only for burn victims or those with major deformities? Don't get me wrong, I adore Rhonda, but, I'm touchy on this topic. I know 2 family friends who had the bypass and it saved and changed their life in a huge way.

Re:New blog entry

Posted by happygirl - 2006/07/10 16:57

I thought the surgery was a quick fix but after watching Sommer and Christie and reading about them it was what they both needed.

Re:New blog entry

Posted by ceilidh - 2006/07/10 17:20

Debby wrote:

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Debby, I agree with you re the surgery. People should not have to defend their decision. It's a very serious and potentially life threatening step , and I admire the courage it must take.

I think some may not realize that the surgery is only an aid to losing weight, and that great adjustments and efforts follow.

I remember Christie being told that 60% will regain the weight...she was really shocked to hear that, so her pre op info may not have been the best. If I had the botched arm surgery, I would certainly want it corrected. Did she sue, if you know?

My concern for Christie was that she seemed to believe that, if she lost the weight she would attain happiness. I can remember feeling that way, years ago...lost weight, still had the same problems...nothing magical happened as a result! My hope for Christie is that the old "head tape" stops playing, and that she can discover that self worth has little to do with what the scale says. Having said that, those "messages" are, unfortunately all around, in every magazine, and in the attitudes of many in our society. A pity. IMO.

Re:New blog entry

Posted by KPW1956 - 2006/07/11 11:23

I didn't see anyone pass any judgements about Christy or Sommer's decisions to have bypass. I do think there is a meat market mentality out there in the 'industry' to promote it as a quick fix. I know my health care provider won't consider it medically necessary unless there are other substantial risks to my health. I would definitely fit regarding the numbers as

a candidate.. But my bp is ok..bs is ok..

I watch some of these plastic surgery shows and TLC used to have a show called Personal Stories or something that chronicled a person's decision to have a procedure. You could definitely see a difference in the decision making.

I think Sommer and Christie both had more problems with their own self esteem issues than they may have had with medical problems necessitating the drastic procedure. There are definitely health issues that can be bought about because of the bp. I remember last year (SO2) Sommer eating doritoes and junk food (even after having the bypass) and then having to lay on her stomache on the floor to wait till the pains passed. I think maybe that is why Rhonda was hard on her last year Because she was still not really dealing with eating healthily and the taking care of herself.. I think between Marcus and a couple of other special intervention last year, that Sommer did get on the right track eating better.

Christie was told so often that what she looked like on the outside was more important that what was going on in the inside. She was probably so desperate to have the surgery that she picked a quack out of the phone book.. I think anyone going through the procedure should have some counseling about the procedure and possible side effects.. (I am sure most reputable doctors and clinics do this)...

Both she and Sommer were in their early 20's (if I recall correctly) when they had the surgery.. It really wasn't discussed what other things they may have tried.

Unfortunately some doctors are in the industry for the money... And if you got the bucks, they'll do it!

I do think SO helped both Sommer and Christie refocus their energies into taking care of their current bodies.. Both through diet and exercise... both of them seemed to be sitting back waiting for the weight to fall off after their surgeries rather than helping the process along.

I know at one point Carnie Wilson had regained some of her weight she lost through bypass. I don't know how she is doing now.. Hopefully well.. I can't find any current picts of her.

I know a woman who had surgery back in the early 70's... and lost a substantial amount of weight and then regained most of it..I also know a good friend who did struggle with weight loss who the surgery made a world of difference for her!

There is a newer procedure called a lap band which is less invasive and reversible. I think all options should be explored... but ultimately it is up to the patient and their doctor.. and it is the patients responsibility to help insure the best possible outcome by taking care of themselves...

I know I've seen a news report at one point a few years back saying how many doctors were performing the procedures....but many of them weren't specialists or trained properly.

I think I found the article.. check this out..

<http://www.cbsnews.com/stories/2004/03/02/48hours/main603413.shtml>

I think people considering bypass should carefully weigh their options and choose their doctors carefully.

I think many do use this procedure as a quick fix..

I happened to see Sunday night a TLC program.. about 2 women who underwent the procedure.. and the effects it had on them.. Both were extremely large women though.. One women lost most of her hair because of the surgery. Maybe her body couldn't get enough nutrients?... don't know why... but had never heard that before.. She wound up sporting a crew cut.. It actually looked cute! The show was titled Jackie and Robin.. (or vice versa!)

Re:New blog entry

Posted by Debby - 2006/07/11 11:58

I did see the show on Jackie and Robin. It is unreal what those women went through. There were 2 previous shows that showed these women when they first got their surgery. This was the follow up. Jackie almost died several times. She was actually over the weight limit for any doctor in NC, which is where she lives, to do the surgery. She found a doctor in Virginia or Maryland, who agreed to do it. Subsequent to her surgery, she returned home and received all of her care at

Duke Medical Center, which is in her hometown and about 20 minutes from my home.

My heart went out to these ladies. I hope Jackie's hair does come back. These ladies have so much to offer. It's good to see that Robin found love.

I agree that the surgery is a huge decision. The lap band sounds as if it is not as drastic. The people I know, both got gastric bypass instead. I don't know why. One of them eats healthy, the other one is not that careful, however, they have both maintained their weight loss, one for 12 years and one for 4 years. They both lost over a hundred pounds each. I don't know their total loss. I will say that they act very happy. One of them told me that she didn't know what living was about and that her weight loss had totally changed her life.

These ladies tried everything in the world to lose weight for years. It's just that I got frustrated when people think weight loss is an easy thing, such as just don't eat as much and exercise. It's more complex than that. People who suffer from obesity have a different body makeup than an average size person. The medical field is finally recognizing this, which is good.

I don't know if Christie sought relief for the botched plastic surgery on her arms. I hope that she explores it before her time expires to file a claim. I hear that there is a new procedure for flabby arm skin that doesn't leave a large scar. I can't recall the details but they don't cut all the way down the arm in this new procedure. I wonder why they didn't discuss this with Christie in her consultation on the show. Perhaps it was because hers was for the correction of the old surgery.

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Re:New blog entry

Posted by KPW1956 - 2006/07/25 09:19

The article at the Oh site is available now. Also has some new pics from her stay at the SO house.

<http://www.obesityhelp.com/magazine/>

The link to the article is in the lower left hand corner.. The article comes up as a pdf file.

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Re:New blog entry

Posted by ceilidh - 2006/07/25 18:17

Glad you picked up a Christie thread! I was wondering if that show, "Instant Beauty Pageant" had aired yet...was curious to see what she did in the show. Anybody see it?

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Re:New blog entry

Posted by Debby - 2006/07/26 11:23

I have not seen her show nor any ads for it. What station will it be on?

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Re:New blog entry

Posted by KPW1956 - 2006/07/26 12:50

I think it was supposed to have been on the Style Network.. Which I don't have.

I think it was mentioned in the article or somewhere else in her Myspace... It didn't sound like she won... but did enjoy the experience and didn't let 'not winning' upset her.

Hmmmmmm.... I wonder if Style has a website and link for the show.. I'll look into it! See what I can find out!

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Re:New blog entry

Posted by KPW1956 - 2006/07/26 13:26

The link for the show (called Instant Beauty Pageant) only provides brief episode guide 'blurbs'. Mainly... location of the episode. I haven't been able to find any other info..

As opposed to other reality shows... This one looks like each episode is a separate 'pageant'/contest. I thought I heard that her episode was aired in late June.

You can check the episode guides here...and the schedule. It looks like the episodes are rerun regularly.

<http://www.stylenetwork.com/ssms-site/style.do?showId=6252>

LOL! (check out one of the co-hosts)... Seems we can't get away from 'The View!' (Debbie Matenopoulos) The other cohost is Rossi Morreale.

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Re:New blog entry

Posted by dende - 2006/07/26 13:58

The Instant Beauty Pageant episode she was on aired 7/21. There are three comments about it in her myspace's comments section.

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Re:New blog entry

Posted by ceilidh - 2006/07/26 17:27

Thanks for the info, ladies! Guess I missed it, but NBD...just curious!

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Re:New blog entry

Posted by ceilidh - 2006/08/06 19:20

ceilidh wrote:

Thanks for the info, ladies! Guess I missed it, but NBD...just curious!

Happened upon a rerun while I was flipping channels...just saw the last half hour. Christie was 2nd runner up...that's third, to the rest of us. It seemed to consist mostly of all the women running around

looking for clothes to wear at the pageant...Christie deciding on a bikini top and "wetsuit" pants for the swimsuit portion...getting teary in the store, while choosing. In the talent portion, she gave a speech about having come a long way, and being "fearless."

It was a really frantic show, and not sure why Christie would have agreed to do it! I recall someone mentioning that she had been approached by host, Debby Matanopoulos (SP?)....wonder if she was a fan of SOH?

Anyway, the show was sort of "all over the place" and didn't seem really organized. I probably would have flipped right by it, but for hearing Christie's very distinctive voice! She looked very pretty in her gown...cocktail length, "floaty"...beige, with darker side panels.

Debby seemed touched by her story, and I got the impression they might have become friends, somewhere along the way.:)

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