
How d you deal with abandonment?

Posted by happytrails_200618 - 2006/07/24 14:59

Hello, my name is Sue, known on here as happytrails_200618. I just want to know how you're supposed to deal with beign abandoned by your own biological parents? I have more than one way that I deal with all my pain. First and foremost, I pray to God to give me the strength to carry on each day and also for the strength to forgive my parents for what they did. If I didn't have Jesus in my life, then I would be really bad off, but he has always supplied all of my needs. I feel that he sent me to my Grandparents for a reason and that he did what he knew was best for me. The other thing that I do is write poems to let all my pain out instead of holding it all inside. I am going to put on of the poems on here, and plese tell me how you feel about it.

* I Don't Want To*

I don't want to run, I don't want to hide, I don't want to keep all this pain locked-up inside. Sometimes all I want to do is cry. I am not shy, I let other know how I feel and I write with pride. If you knew how much you've broke my heart. I just can't seem to find the strength to confront the two of you. So I I hold all my paininside, until i write it all down in scribes. I take my time and write with pride, because I know that I'm not like either of you. I just wish we could have been a family, in fact, we should have been your whole lives. Instead, you ruined our realationship. All I know is that God has has watched over me and blessed me all of my life. I know tha He always will. I also know that He has brought me through some really rough times.

Written on 3/25/06

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